

FOOD IDEAS

BREAKFAST:		LUNCH:	
Eggs		Leftovers	Pasta Salad
Hashbrowns		Grilled Cheese	Chicken Panini
Bacon		Bagel	Vegetables & Dip
French Toast		BLT	Fruit
Fruit Drink		Meat Sandwich	Tuna Salad
Oatmeal		Peanut Butter & Jam Sandwich	Macaroni & Cheese
Cold Cereal		Chicken Strips	Rice
Toast		Pasta	Pickles & Olives
Pancakes		Salad	Pita Chips
Bagel		Quesadillas	Pita
Breakfast Sausage		French Fries	Hotdog
Fruit		Soup	Bagel Pizza
Muffins		Baked Potato	
Banana Bread		Potato Skins	
Yogurt		Twice Baked Potato	

DESSERT:		SNACKS:	
Apple Pie		Chips	
Apple Crisp		Pretzels	
Cupcakes or Cake		Rice Cakes	
Brownies		Muffins	
Mini Donut Muffins		Fruit	
Lava Cakes		Crackers	
Cookies		Cheese	
Cinnamon Bun		Granola Bar	
Ice Cream		Toast	
Crepes		Pickles	
		Pita Chips	
		Onion Rings	
		Fruit Drink	

DINNER - VEGETABLES:		DINNER - SIDES:	
Broccoli		French Fries	
Cauliflower		Baked Potato	
Carrots		Roasted Potatoes	
Beets		Mashed Potatoes	
Salad		Rice	
Vegetables & Dip		Cauliflower Puree	
Peas		Potato Skins	
Canned Vegetables		Twice Baked Potato	
Green Beans		Garlic Bread	
		Pesto Bread	
		Scalloped Potatoes	
		Onion Rings	

DINNER - MAIN:		
Burger	Chilli	
Hotdog	Homemade Macaroni & Cheese	
Lasagne	Shepherd's Pie	
Pasta	Turkey	
Baked Pasta	Crock Pot Chicken	
Stuffed Shells	Foil Wrapped Chicken	
Shake & Bake Chicken	Baked Chicken	
Chicken Salad		
Sausage		
Beef Stew		
Breakfast		
Fried Rice		
BLT		
Pork Chops		
Chicken Strips		
Quesadillas		
Tacos		
Soup		
Chicken Wings		
Pizza		